

## WELD RE-4 HIGH SCHOOL TRAINING/CONDUCT RULES

The purpose of Training/Conduct Rules is four-fold:

1. To provide for clarity, consistency and fairness in the application of participation, health and conduct rules for athletes.
2. To ensure regular participation in practices, training sessions and competition, so that an organized program of learning and physical conditioning may be followed.
3. To promote health practices which are beneficial to the individual, and which allow the athlete to operate at maximum physical potential.
4. To promote conduct that will reflect positive credit upon the school, enhance team and individual morale, and provide practice in behavior patterns which encourage the development of desirable character traits.

Training/Conduct Rules are for the benefit of the individual and the team. Students who make a decision to participate in athletics must also decide to make a personal commitment to abide by the rules and procedures governing athletic competition, including training rules. The most effective result of such rules comes about due to self-imposition of the rules by athletes, because they realize that achievement is the result of personal effort, desire, and the willingness to give up some short-term pleasures for long-term results.

Failure to follow district athletic policies shall constitute grounds for suspension from practices, suspension from participation in interscholastic competition or other appropriate penalties when such conduct occurs on school grounds or during any school sponsored event, or at any time on or off school grounds. The training rules will be in effect year round. Once an athlete has signed the training rules agreement they will be expected to follow those rules until they graduate.

The training rules are in effect both in-season and out-of-season. Suspensions are cumulative for the school year, yet imposition of the penalty may, if need be, continue into the next school year. When suspension occurs, the coach/sponsor in cooperation with the building administration will impose the penalty, notifying all coaches, administrators, and parents in writing. The imposition of penalties by coaches are recommendations to the principal who has the authority to deviate from them when circumstances warrant. A student and/or his parents may appeal a decision using the communication process identified in this handout. Once signed, students entering the School District as 9th graders, enter with a clean slate at that level with regards to eligibility and these training rules. Once this document is signed, it is effective until the athlete's graduation.

All penalties and consequences imposed by the coach can be appealed to the school Athletic Director. All penalties and consequences imposed by the Athletic Director can be appealed to the school Principal. If an appeal is to be made, it should be made in writing to the appropriate individual within three school days of the penalty being imposed. E-mail is a sufficient manner of making the appeal. The person hearing the appeal may modify the penalty or consequence, dependent upon the evidence presented on behalf of the athlete at the appeal.

## TRAINING RULES DISCIPLINE GRID

### LEVEL I REQUIREMENTS:

- Fees paid by start of first official practice
- Current physical on file with the school
- Signed consent forms on file with the school
- Insurance information on file with the school
- Must be eligible by CHSAA, school and team standards

Ineligible to practice or compete until completed

MUST MAINTAIN ACADEMIC ELIGIBILITY DURING THE SEASON THROUGH PERIODIC ELIGIBILITY CHECKS COMPLETED BY THE SCHOOL.

### LEVEL II VIOLATIONS: TRAINING AND CONDUCT RULES:

#### ***Enforced by coach***

#### Violation

Violation of transportation rules

Profanity

Code of conduct/team specific rule violation (including school referrals)

Habitual truancy or attendance violation of school athletic eligibility requirements

Breaking of minor Colorado Law

Displays of poor sportsmanship

Violation of health practices adopted by team

#### ***Consequences are at the coach/Athletic***

#### ***Director discretion***

#### All Violations Per School Year

All level II infractions will result in consequences that can include, but are not limited to: suspension from the next competition, demotion, or team imposed penalty at coach/Athletic Director discretion

CONTINUED INFRACTIONS CAN RESULT IN ADDITIONAL AND MORE SEVERE ACTIONS

LEVEL III VIOLATIONS: HEALTH AND CONDUCT:

All Level III violations will be enforced by building administration and coach

Type 1 Violations      1<sup>st</sup> offense                      2<sup>nd</sup> offense                      3<sup>rd</sup> offense                      4<sup>th</sup> offense

Alcohol	20% suspension from scheduled contests OR 10% plus Substance Abuse Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Drugs	20% suspension from scheduled contests OR 10% plus Substance Abuse Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Tobacco or Nicotine products**	20% suspension from scheduled contests OR 10% plus Substance Abuse Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Any form of Inhaled Vapors**	20% suspension from scheduled contests OR 10% plus Substance Abuse Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District

For a second offense of Type 1 violations, the athlete shall be assessed by a certified professional agency and follow the assessment recommendations at his/her expense. The Assessment must be completed prior to reinstatement, with evaluation reports provided to the school's counseling department. Further counseling or support group meetings pertaining to the offense, as recommended by the professional agency, will be mandatory on any second offense.

\*\*Tobacco/Nicotine and Vaping consequences will reset after 365 days from the most recent violation.

Type 2 Violations      1<sup>st</sup> offense                      2<sup>nd</sup> offense                      3<sup>rd</sup> offense                      4<sup>th</sup> offense

Vandalism	20% suspension from scheduled contests OR 10% plus Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Theft	20% suspension from scheduled contests OR 10% plus Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Assault	20% suspension from scheduled contests OR 10% plus Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Hazing or Harassment	20% suspension from scheduled contests OR 10% plus Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Possession of Weapons	20% suspension from scheduled contests OR 10% plus Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District
Gang Activity	20% suspension from scheduled contests OR 10% plus Counseling	50% suspension from scheduled contests	Suspension from athletics for one calendar year from the date of the offense	Permanent suspension from all activities at Weld Re4 School District

For Type 2 violations, community service and/or counseling pertaining to the offense will be mandatory on any second offense. The athlete may be assigned up to 15 hours of community service by the building athletic director, who shall take into consideration the recommendations from the school counseling department, the School Resource Officer and any law enforcement/juvenile justice official, if involved directly with the athlete.

**For all offenses of Type 1 and Type 2 violations, suspensions will occur in all sports played within the next 12 months following the violation.**

These consequences are for offenses for which students are suspended, occurring on or off school grounds. If the offense occurs during the summer, the penalty can still be enforced during the athlete's next sports year.

If a student self reports a violation to a school administrator prior to being called into the office for questioning about an alleged incident, the following penalties will apply to a FIRST OFFENSE only: The 20% penalty will be reduced to a 10% penalty for games missed and a counseling session may be scheduled. If counseling session is scheduled the athlete must confirm with the building athletic director. This counseling should be held promptly, but the athlete may return to play prior to completion of the counseling. If counseling is not completed, the athlete may not letter in the sport and will not be eligible for another sport until the terms of the punishment have been met. The athlete may still choose the 20% penalty in lieu of the counseling session.

**Reinstatement to the team following a suspension is not automatic.** Suspensions may be continued indefinitely if willingness to conform to athletic rules is not indicated, or if the individual's attitude could present a detriment to the team or athletic program.

Suspensions are to be served in consecutive contests figured as a percentage of the regular season schedule. In order for a suspension to be started, the athlete must be eligible in all other aspects to participate in athletics and activities. If a subsequent offense occurs before the suspension of the previous offense is fully served, the subsequent penalty will start when the previous suspension is complete. All suspensions are for interscholastic competition and could carry over into the next sport season of the athlete's participation, if the suspension is not completed during the current season.

While suspended with a Level III 1st or 2nd violation suspension the student is still expected to participate in practices and attend home games, but shall not travel with the team. For a Level III 3rd or 4th violation, the student will not be allowed to participate in practices or attend games.

These rules are reflective of Weld RE-4 high school policy and may be superseded by Weld RE-4 Board of Education policy.

Keep a copy of the training/conduct rules for your reference.

# Please sign and return this page to WHS

By signing below, I attest that I have read and understand the WELD RE-4 High School Training/Conduct Rules that will be enforced at Windsor High School and have completed the Online Registration Form.

\_\_\_\_\_/\_\_\_\_\_  
Parent/Guardian Signature Date

\_\_\_\_\_/\_\_\_\_\_  
Student Signature Date