

PLEASE SIGN UP FOR ANY TOURNAMENT/CAMP THAT YOU WOULD LIKE TO PARTICIPATE IN! TEAMS WILL BE SELECTED BASED ON SKILL/ POSITION. INCOMING FRESHMAN MAY ALSO SIGN UP FOR THESE TOURNAMENTS IN ADDITION TO THE FRESHMAN TOURNAMENT!

MARK ALL YOU CAN PARTICIPATE IN WITH AN X

SUMMER LEAGUE; 1 VARSITY 2 JV teams

JUNE 5 _____@FOCO JUNE 12 _____@WHS JUNE 19 _____@PV JUNE 26 _____@EATON

AGILITY/WEIGHT TRAINING \$⁷⁵_____ (CHECKS PAYABLE TO ACCELERATED SPORTS PERFORMANCE OR ASP)

JUNE-JULY-AUGUST _____

FRESHMAN (ONLY) TOURNAMENT @WINDSOR HS \$25 (CHECKS PAYABLE TO WHS VOLLEYBALL)

JUNE 11-12-13 YES _____ ALL 3 DAYS

OFFICIATE THE FRESHMAN TOURNAMENT (FUNDRAISER FOR UPPERCLASSMAN ONLY)

ALL 3 DAYS _____ OR JUNE 11 _____ JUNE 12 _____ JUNE 13 _____

WYOMING TEAM CAMP \$370 PER PLAYER

JULY 14-16 (3 TEAMS 27-30 PLAYERS MAX) INVITES WILL BE BASED ON POSITIONS NEEDED

YES _____

UNIVERSITY OF DENVER TEAM CAMP

JULY 26, 27, 28

JV-1 ½ DAYS (7/26-7/27)

VARSITY 1 ½ DAYS (7/27-7/28)

PLEASE RETURN THIS FORM AT OPEN GYM NEXT TUESDAY, MAY 21

ANY QUESTIONS PLEASE CONTACT

Laverne.huston@weldre4.org or 970-302-9204

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
						4
5	6	7	8	9	10	11
CONTACT COACH HUSTON WITH ANY QUESTIONS laverne.huston@weldre4.org						
12	13	14	15	16	17	18
		OPEN GYM 3:45-5:15 PM (upperclassman) 5:15-6:45 pm (8th grade)				
19	20	21	22	23	24	25
DON'T FORGET TO UPDATE YOUR PHYSICAL PRIOR TO TRYOUTS!!!!		OPEN GYM 3:45-5:15 PM (upperclassman) 5:15-6:45 pm (8th grade)				
26	27	28	29	30	31	
	Memorial Day NO SCHOOL	NO GYM AVAILABLE AFTER SCHOOL				

June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 OPEN GYM 3:45-5:15 PM (upperclassman) 5:15-6:30 pm (8th grade)	5 SUMMER LEAGUE @FOCO 5:30-8:30 VARSITY/JV ONLY	6	7	8
9	10 AGILITY/WEIGHT TRAINING 7-8 AM OPEN GYM 8-9:30 AM (ALL LEVELS)	11 FRESHMAN ONLY TOURNAMENT @WHS 9-3:30 pm (approx)	12 FRESHMAN ONLY TOURNAMENT @WHS 9-3:30 pm (approx) SUMMER LEAGUE @WHS 5:30-8:30	13 FRESHMAN ONLY TOURNAMENT @WHS 9-3:30 pm (approx)	14	15
16	17 AGILITY/WEIGHT TRAINING 7-8 AM OPEN GYM 8-9:30 AM (ALL LEVELS)	18	19 AGILITY/WEIGHT TRAINING 7-8 AM SUMMER LEAGUE @PLATTE VALLEY (KERSEY) 5:30 PM	20 AGILITY/WEIGHT TRAINING 7-8 AM OPEN GYM 8-9:30 AM (ALL LEVELS)	21	22
23	24 AGILITY/WEIGHT TRAINING 7-8 AM OPEN GYM 8-9:30 AM (ALL LEVELS)	25	26 AGILITY/WEIGHT TRAINING 7-8 AM SUMMER LEAGUE @EATON 5:30 PM	27 AGILITY/WEIGHT TRAINING 7-8 AM OPEN GYM 8-9:30 AM (ALL LEVELS)	28	29
30 SCHEDULE YOUR PHYSICAL!!!						

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NO GYM AVAILABLE IN JULY..... NO TRAINING THIS WEEK!!	2	3	4 HOLIDAY	5	6 SCHEDULE YOUR PHYSICAL!!
7 I AM LOOKING AT OTHER OPTIONS FOR GETTING INTO A GYM ONCE A WEEK!	8 AGILITY/WEIGHT TRAINING 7-8 AM	9	10 AGILITY/WEIGHT TRAINING 7-8 AM	11	12	13
14 WYOMING TEAM CAMP \$370 PP DISTRICT TRANSPORTATION INC. LODGING/MEALS	15 AGILITY/WEIGHT TRAINING 7-8 AM WYO CAMP	16 WYO CAMP	17 AGILITY/WEIGHT TRAINING 7-8 AM	18	19	20
21	22 AGILITY/WEIGHT TRAINING 7-8 AM	23	24 AGILITY/WEIGHT TRAINING 7-8 AM	25	26 UNIVERSITY OF DENVER TEAM CAMP (EACH TEAM 1 1/2 DAYS) JV ALL DAY	27 DU CAMP JV 1/2 DAY VARSITY 1/2 DAY
28 DU CAMP VARSITY ALL DAY	29 AGILITY/WEIGHT TRAINING 7-8 AM	30	31 AGILITY/WEIGHT TRAINING 7-8 AM			

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
						3
4	5	6	7	8	9	10
ALL PAPERWORK MUST BE TURNED IN PRIOR TO TRYOUTS ON 8/12! NO EXCEPTIONS	VOLLEYBALL TRAINING 4-6 PM	VOLLEYBALL TRAINING 4-6 PM	VOLLEYBALL TRAINING 4-6 PM	VOLLEYBALL TRAINING 4-6 PM		
11	12	13	14	15	16	17
	MANDATORY TRYOUTS 3:45- 6:30 PM	MANDATORY TRYOUTS 3:45- 6:30 PM	MANDATORY TRYOUTS 3:45- 6:30 PM	MANDATORY TRYOUTS 3:45- 6:30 PM	MANDATORY TRYOUTS 3:45- 6:30 PM	
18	19	20	21	22	23	24
	TEAM PRACTICE IMMEDIATELY FOLLOWING SCHOOL 3:40- 6 PM					ALL TEAMS WILL PARTICIPATE IN A SCRIMMAGE!! THIS IS NOT OPTIONAL!!!!
25	26	27	28	29	30	31