



# Windsor High School Athletic Department Training Rules and Regulations

Any student using or possessing alcohol or tobacco, or using, possessing, buying or selling illegal controlled substances shall be denied participation in interscholastic athletics. This rule is in effect twelve (12) months of the year.

Violation of this rule shall be cumulative within grades 9 through 12. The school year is defined as starting the day after the last day of classes of the previous school year.

## **First Violation**

The student-athlete found in first violation shall be denied athletic participation for thirty (30) percent of the athlete's current and/or next occurring season's athletic contests.

## **Second Violation**

The student-athlete who commits a second violation during his/her high school tenure shall be defined athletic participation for a period of one (1) calendar year from the date of determination of guilt.

The Athletic Director, upon request of an athlete, may reduce the remaining school year denial to fifty (50) percent of the athlete's current and/or next occurring season's athletic contests provided:

- 1) The athlete is assessed by a certified professional agency and follows the assessment recommendations at his/her expense. The Assessment must be completed prior to reinstatement with evaluation reports.
- 2) The athlete agrees to attend counseling and/or support group meetings as recommended by the professional agency.
- 3) The athlete agrees to have revoked any leadership positions such as, but not limited to, team captain, and will not hold any leadership positions on athletic teams for the remainder of the school year.
- 4) The athlete attends practice but cannot travel or sit on the bench with the team.

## **Third Violation**

The student-athlete found in a third violation shall be denied athletic participation for the remainder of their high school career. After one calendar year from determination of guilt, an appeal can be made to the Board of Education for reinstatement contingent upon substantiated rehabilitation.